



Dalhousie Yacht Club
DYC Lady Skippers Race 2024
SAILING INSTRUCTIONS (SIs)

The notation '[NP]' in a rule of the sailing instructions (SIs) means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).

1 RULES

- 1.1 The event is governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 Competing vessels must be helmed at all times by a female skipper only. Vessels may have male crew in any positions other than Skipper or Helm.

2 CHANGES TO SAILING INSTRUCTIONS

- 2.1 Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.
- 2.2 Changes to a sailing instruction may be made on the water by ON station Race Committee via VHF radio.

3 COMMUNICATIONS WITH COMPETITORS

- 3.1 Notices to competitors will be posted on the official notice board located in the main hallway in the DYC clubhouse.
- 3.2 On the water, the race committee intends to monitor and communicate with competitors on VHF radio channel 71.

4 CODE OF CONDUCT

- 4.1 [DP] Competitors and support persons shall comply with reasonable requests from race officials.
- 4.2 [DP] Competitors and support persons shall handle any equipment by the organizing authority with care, seamanship, in accordance with any instructions for its use and without interfering with its functionality.

5 SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed at DYC flagpole.
- 5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in Race Signals AP.
- 5.3 [DP] Flag D with one sound means 'Boats are requested to not leave the harbour until this signal is made. The warning signal will not be made before the scheduled time or less than 15 minutes after flag D is displayed.'

6 SCHEDULE OF RACES

- 6.1 The race will take place on Saturday, June 8th.

7 RACING AREA

- 7.1 The racing area is on DYC Race Course, North West of the canal entrance to DYC.

8 COURSES

- 8.1 The course is twice around the white numbered DYC racing marks, in a counter clockwise direction.
- 8.2 The course will be shortened to once around if the lead boat does not complete the first circuit in two hours. Skippers must record their time passing Mark 4 at completion of first circuit and their Finish time.
- 8.3 A general diagram of the marks with rough GPS locations of the marks is in the SI Appendixes A&B on the DYC race web page.
- 8.4 The course is approximately ~6 nautical miles.

9 MARKS

- 9.1 All marks will be to port.

10 THE START

- 10.1 The start time will be 11:00 GPS time. A horn may be sounded if possible including a warning sound at T minus 5min.
- 10.2 The starting line is between DYC Mark 4 and DYC Mark 4A.
- 10.3 A boat that does not start within 15 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

11 THE FINISH

- 11.1 The finishing line is between DYC Mark 4 and DYC Mark 4A.
- 11.2 If the race committee is absent when a boat finishes, she shall report her finishing time, and her position in relation to nearby boats, to the race committee at the first reasonable opportunity.
- 11.4 Record the following data and email racing@dalhousieyachtclub.com;
 - Boat name and sail number

- Skippers name
- Whether you sailed FS or NFS
- Your GPS time first circuit complete at Mark 4
- Your GPS finish time
- Boat ahead and boat behind if possible

12 TIME LIMITS

12.1 The Mark 4 Time Limit and the Race Time Limit (see RRS 35.

Mark 4 Time Limit	Race Time Limit
13:00	15:00

12.2 If no boat has passed Mark 4 by the Mark 4 Time Limit, the race will be shortened to one circuit.

12.3 If no boats complete the full two circuits within the Race Time Limit, the finish times will revert to the first Mark 4 turn, one circuit complete.

13 HEARING REQUESTS

13.1 The protest time limit is 60 minutes after the last boat finishes the last race of the day.

13.2 Hearing request forms are available from the race office at <https://view.officeapps.live.com/op/view.aspx?src=https%3A%2F%2Ffr.sailing.ca%2Fuploads%2F2021%2F04%2FHearing-Request-Form-210207-w-logo.docx&wdOrigin=BROWSELINK>.

13.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses.

13.5 RRS 62.2(a) and 66.2(a) do not apply.

14 SAFETY REGULATIONS

14.1 A boat will have all mandatory safety equipment per Transport Canada's Mandatory Safety Equipment, including a working VHF radio.

14.2 A boat that retires from a race shall notify via email racing@dalhousieyachtclub.com at the first reasonable opportunity.

15 EQUIPMENT AND MEASUREMENT CHECKS

15.1 A boat or equipment may be inspected at any time for compliance with the class rules, notice of race and sailing instructions.

16 TRASH DISPOSAL

16.1 Trash may be placed aboard official [or support person] vessels.

17 PRIZES

17.1 The Vicky Hull Memorial Trophy will be awarded for First place.

18 RISK STATEMENT

- 18.1 RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury.
- Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.**

19 INSURANCE

- 19.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$2,000,000 per incident or the equivalent.